

Introduction to Series on Ephesians

Paul's letter to the Ephesians offers an all-encompassing manual to the Christian life. Watchman Nee, a missionary and theologian, famously coined the three sections in Ephesians as 'Sit, Walk, Stand'. This series will be based on Watchman Nee's three titles:

1. **SIT with Christ (ch.1 – 3)**: Paul starts with looking at our relationship with God, looking at what God has done for us and what this means for us as sons and daughters of God. Paul implies that the Christian life needs to start with sitting with Christ to absorb all he has for us
 2. **WALK the Christian Life (ch. 4 -6 v. 9)**: The Christian life then continues from sitting to walking as children of light on this earth.
 3. **STAND against the Enemy (ch. 6 v. 10-end)**. Finally, we need to take our stand against the enemy.
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SECTION ONE: Sit with Christ

1. **Who: Knowing our Identity in Christ**
2. **What: Knowing our Inheritance in Christ**

Paul is insistent that as Christians we need to understand first and foremost **who** we are in Christ and **what we have** in Christ before we can then begin to walk the Christian life and stand up to the enemy.

SECTION TWO: Walking as Children of Light

Once we have learnt to sit with Christ, then we can begin to think about how we walk as Christians. – As Watchman Nee said – it's a bit like driving a car: you drive a car from the place of *sitting*. So it is with walking as Christians – if we want to get it right and walk in the world as children of light, then we need to do this from a place of sitting with Christ.

Sitting is always followed by walking – we bring *who we are with Christ in the heavenlies* into this world in which we are living. This happens in two ways:

3. **Christ's Body in the World**
4. **Our Individual Lives as Living Witnesses**

SECTION THREE: Stand Against the Enemy

Paul finishes Ephesians by calling us to stand against the enemy. We can sometimes fall into the trap of thinking that if we are abiding in Christ and walking in his light, that we are therefore automatically protected from the enemy. And this is certainly a start. But Paul goes into far greater detail of the battle we are in and the protection we need to wear in this battle. **He says that we need to take an active stand against the enemy.**

5. **The Battle**